



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GROWTH & DEVELOPMENT

## STAFF CONTACTS

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## HEALTH & SAFETY REMINDERS

- Children should not attend if you are not healthy or have been exposed to someone with COVID-19.
- Please sanitize your hands as you enter the Y and as you exit.
- Physical distancing will be practiced at the Y.
- Parents will not be allowed to enter program spaces and will drop off and pick up child at the door of the program space.

## PARENT AND CHILD CLASSES

Parent and Child classes require a parent, guardian, or grandparent to accompany each child in class. For additional nature related classes, please see the Environmental Education section on the YMCA of the Fox Cities website.

### WONDERBUG DISCOVERIES (AGES 18 MONTHS-3 YEARS WITH PARENT) (ACY)

This parent-child nature discovery program is highly sensory-based involving themed storybooks, songs, hands-on time, and outdoor activities combined with exploratory walks through the Purdy Nature Preserve. Each week will focus on a different theme or topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

### JR. EXPLORERS (AGES 18-2.5 YEARS WITH PARENT) (HVY)

A fun class with hands-on activities. Group interactions encouraged through songs and games. Parents participate with their children for a great opportunity to explore, learn and play together.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Wonderbug Discoveries- Sep 7- Oct 24	ACY	18 months-3 years	T	9:30 AM	10:30 AM	\$29	\$50
Wonderbug Discoveries- Oct 25- Dec 19	ACY	18 months- 3 years	T	9:30 AM	10:30 AM	\$29	\$50
Jr. Explorers	HVY	18 months – 2.5 years	M	10:15 AM	11:00 AM	\$29	\$50

**Fall 1 Session: September 7-October 24, 2021**

**Fall 2 Session: October 18-December 19, 2021**

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**UPDATED ON: AUGUST 28, 2021**

## CHILDRENS CLASSES (AGES 1 ½ - 6)

### AGES 1½-3 YEARS

#### JUST FOR TWO'S (AGE 2 YEARS) (HVY)

We know toddlers like being together. This is a class where first friends are made. We will play, create, and develop together!

#### LET'S GET MOVIN' (18 MONTHS-3 YEARS) (NMY)

Children love to move, play, and learn. This large group class does just that. Class is structured around independent and group activities in the gym. To participate, your child must be an independent walker.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Twos	HVY	2 years	M	9:00 AM	9:45 AM	\$29	\$50
Just for Twos	HVY	2 years	T	9:00 AM	9:45 AM	\$29	\$50
Just for Twos	HVY	2 years	F	10:45 AM	11:30 AM	\$29	\$50
Just for Twos	HVY	2 years	F	10:45 AM	11:30 AM	\$29	\$50
Let's Get Movin'	NMY	18 Months-3 years	T/Th	9:00 AM	10:00 AM	\$54	\$75

### AGES 2-3 YEARS

#### BUSY BEES (AGES 2-3 YEARS) (HVY)

We will buzz around to different activities, and have fun through stories, songs, and art projects that encourage creativity. This class is for 2-3-year-olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

#### MOVING AND GROOVING (AGES 2-3 YEARS) (HVY)

Learning through movement, music, and activities. We'll have fun being active, interacting through music, playing games, and doing activities.

#### ON THE FARM (AGES 2-3 YEARS) (APY)

Learn about farms and farm animals through art, books, and activities.

#### WATCH ME GO (AGES 2-3 YEARS) (HVY)

Take pride in completing your own artwork, develop fine motor skills, and practice listening skills. This class is for 2-3-year-olds ready for a little more independence. Child should have positive Just for Two's or Kids Corner experience before taking this class.

#### PLAY, PLAY, PLAY! (AGES 2-3 YEARS) (APY, HVY)

Watch as your child learns colors, numbers, and letters through play-based and child lead activities including games, arts and crafts, and small and large group activities.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Busy Bees	HVY	2-3 years	F	9:00 AM	10:15 AM	\$39	\$60
Moving and Grooving	HVY	2-3 years	Th	10:30 AM	11:30 AM	\$34	\$55
Play, Play, Play	APY	2-3 years	Th	9:30 AM	10:30 AM	\$34	\$55
Play, Play, Play!	HVY	2-3 years	W	10:30 AM	11:30 AM	\$34	\$55
Watch Me Go	HVY	2-3 years	W	9:00 AM	10:00 AM	\$34	\$55

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## **AGES 2-4 YEARS**

### **COLOR AND SHAPE EXTRAVAGANZA (AGES 2-4 YEARS) (FWY)**

Explore the colors and shapes in the environment while having fun with friends and learning social skills. Your child will learn about colors and shapes through games, art, and stories.

### **ANIMALS AROUND THE WORLD (AGES 2-4 YEARS) (FWY)**

Your child will discover what animals live around the world. They will enjoy stories, learn songs, create, and even go outside during the session.

### **ANIMALS ON LAND AND SEA (AGES 2½-4 YEARS) (ACY)**

Lions and Tigers and Fish Oh My! Making friends and learning is the focus of this fun class. Each week we will explore a new animal along with books, songs, and art. To help us accommodate participants with allergies, please pack a nutritious peanut/tree nut free lunch.

### **FALL FUN (AGES 2½-4 YEARS) (ACY)**

Explore the fun of the season while having fun with friends and learning social skills.

### **FRIDAY FUN (AGES 2 ½-4 YEARS) (ACY)**

Come have fun on Friday. Learn finger plays, meet new friends, dance, and frolic to new songs, and explore new places in new books.

### **FUN WITH FRIENDS (AGES 2½-4 YEARS) (ACY)**

Exploring, laughter and friendship what a great combination! Your child will have a blast playing with other children, singing, creating, exploring, and learning.

### **HEALTHY ME (AGES 2½-4 YEARS) (ACY)**

Increase the awareness and knowledge of healthy eating and exercise habits and, ultimately, the prevalence of healthy choices among children.

### **MESSY CREATIVE FUN (2-4 YEARS) (FWY)**

Explore the many ways to create art. We will have creative messy fun painting, drawing, gluing and lots more. Come to class ready for fun and dressed to get messy!

### **MOVE, GROVE AND GAMES (AGES 2-4 YEARS) (FWY)**

We will incorporate music and dancing into all our activities! We will have fun singing and discovering the sounds around us. Games, songs, and repetition will help your child memorize some new songs to bring home! Your child will have the chance to be a composer, performer, and dancer as they get their wiggles out.

### **WHEN I GROW UP... (AGES 2½-4 YEARS) (APY)**

Doctors, and teachers, and construction workers... Oh My! Explore different careers and watch as kids learn about what they want to be when they grow up.

### **YOUNG EXPLORERS (AGES 2 ½ -4) (ACY)**

We will use our senses to discover and investigate the wonderful sounds, colors, shapes, smells and textures of the natural world. We will incorporate outdoor exploration time, storybooks, songs, games, and crafts. Each week will focus on a different topic in nature. A portion of each class will be held outdoors, weather permitting, so dress accordingly!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Color and shape extravaganza	FWY	2-4 years	M	9:00 AM	11:00 AM	\$54	\$75
Animals around the world	FWY	2-4 years	T	9:00 AM	11:00 AM	\$54	\$75

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Animals on Land and Sea	ACY	2½-4 years	W	9:00 AM	12:00 PM	\$69	\$90
Fall Fun	ACY	2½-4 years	M	9:00 AM	11:00 AM	\$49	\$70
Friday Fun-Bring Lunch	ACY	2 ½-4 years	F	9:00 AM	12:00 PM	\$64	\$85
Fun with Friends-Bring Lunch	ACY	2 ½-4 years	T	9:00 AM	12:00 PM	\$64	\$85
Healthy Me-Bring Lunch	ACY	2½-4 years	TH	9:00 AM	12:00 PM	\$64	\$85
Messy, Creative fun	FWY	2-4 years	TH	9:00 AM	11:00 AM	\$54	\$75
When I Grow Up...	APY	2½-4 years	T	9:30 AM	11:00 AM	\$44	\$65
Move, Groove and Games	FWY	2-4 years	W	9:00 AM	11:00 AM	\$54	\$75
Young Explorers- Sep 7-Oct 24	ACY	2 ½-4 years	TH	12:30 PM	2:00 PM	\$44	\$65
Young Explorers- Oct 25-Dec 19	ACY	2 ½-4 years	TH	12:30 PM	2:00 PM	\$44	\$65

## AGES 3-4 YEARS

### JUST FOR THREE'S & FOUR'S (AGES 3-4 YEARS) (HVY)

Help your 3- & 4-year-old get pre-school/kindergarten ready! We will practice fine motor skills, letter, number and color recognition through stories, songs, art projects and other fun activities. We will also work on taking turns, using manners, working together, interactive play and lots more.

### BOOKING AND COOKING (AGES 3-4 YEARS) (HVY)

Reading and Cooking is fun for any age. Come explore the wonders of reading, making and easy snack and art project to go along with it.

Class name	YMCA	Age	Day	Start	End	Y Member	General Public
Just for Three's & Four's	HVY	3-4 years	W	9:00 AM	10:30 AM	\$44	\$65
Just for Three's & Four's	HVY	3-4 years	TH	8:45 AM	10:15 AM	\$44	\$65
Booking and Cooking	HVY	3-4 years	T	10:30 AM	11:30 AM	\$34	\$55

## AGES 3-6 YEARS

### OUTRAGEOUS OUTDOORS (AGES 3-5 YEARS) (ACY)

This exciting class gives your child a chance to learn all about the beauty and wonder of the natural world through hands-on activities, games, stories, and crafts related to the nature theme of the week, as well as time outdoors exploring nature. Have your child dressed for the weather as a portion of each class will be held outdoors, weather permitting.

### ANIMALS IN THE FALL- SEP 7-OCT 24 (AGES 3-5 YEARS) (ACY)

Discover how animals get ready for winter through hibernation, migration, and food collection. We will learn about black bears, ducks and geese, squirrels and more through stories, games, and simple crafts. Class will go outside when the weather allows, so please have children dressed for the weather. Class held on Mondays between Sep 7 and Oct 24.

### CREEPY CRITTERS- OCT 25-DEC 19 (AGES 3-5 YEARS) (ACY)

We will learn about nocturnal creatures such as raccoons, skunks, owls, bats, spiders and more through stories, games, and hand-on learning. Find out why it can be exciting instead of creepy to hear strange sounds outdoors at nighttime. Class will go outside when weather allows, so please have children dressed for the weather. Class held on Mondays between Oct 25 and Dec 19.

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**FRIDAY FRENZY (AGES 3-5) (FWY, HVY)**

Let your child explore with our Friday Frenzy class! Each week will feature a different theme- superheroes, princes/princesses, sports, and more! Children will explore their creativity through games, activities, and projects. Children are free to dress up for the theme each week as well. The instructor will let participants know what the theme for the next week will be.

**LITTLE SCIENTISTS (3-5 YEARS) (FWY)**

Hands on science that will fascinate your child. We will explore, experiment, build, create and learn through fun activities.

**LITTLE SCIENTISTS (AGES 3-6 YEARS) (APY)**

Explore beginning concepts of science through fun and age-appropriate experiments. Color mixing, sinking and floating toys, fizzy volcanoes, and more await your child, all while socializing and making friends!

<b>Class name</b>	<b>YMCA</b>	<b>Age</b>	<b>Day</b>	<b>Start</b>	<b>End</b>	<b>Y Member</b>	<b>General Public</b>
Friday Frenzy	HVY	3-5 years	F	9:00 AM	10:15 AM	\$39	\$60
Outrageous Outdoors- Sep 7-Oct 24	ACY	3-5 years	W	10:00 AM	11:30 AM	\$44	\$65
Outrageous Outdoors- Oct 25-Dec 19	ACY	3-5 years	W	10:00 AM	11:30 AM	\$44	\$65
Animals in the Fall- Sep 7-Oct 24	ACY	3-5 years	M	9:30 AM	11:00 AM	\$44	\$65
Creepy Critters- Oct 25-Dec 19	ACY	3-5 years	M	9:30 AM	11:00 AM	\$44	\$65
Friday Frenzy	FWY	3-5 years	F	9:00 AM	11:00 AM	\$54	\$75
Little Scientists	APY	3-6 years	W	9:00 AM	10:30 AM	\$44	\$65