



FOR YOUTH DEVELOPMENT®
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YMCA Camp Nan A Bo Sho

**Summer 2021 Policies & Procedures
For the Health of our Camp Community**



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A Healthy Camp Starts at Home

The best camp sessions start with healthy campers. Camp Nan A Bo Sho have implemented a variety of procedures and practices into our camp operations to minimize the spread of illness in our camp community. Please read the following document carefully; some items require action on your part up to 14 days before your camper arrives at camp. Camp is about experiencing safe, fun adventures while making friends in an amazing place. We are committed to keeping kids safe as our first priority.

- We require all campers and staff to complete a daily health screening for the 14 days prior to camp attendance. This includes a daily temperature check.
- We will have health screenings and temperature checks on campers and staff once a day upon arrival at camp.
- Check-in and check-out procedures will be conducted in a way to minimize contact with campers and parents not in that child's cabin.
- Improvements have been made to our facilities including hand sanitizing stations in each building and program area and protective barriers in the dining hall and trading post.
- Sanitizing policies and procedures have been created for each activity at camp.

While we know there is no way to guarantee your child has not been exposed to a communicable illness, we do ask that leading up to the start of your child's camp session that they do their part to limit their potential exposure. This includes:

- Avoiding areas of large groups of people with whom they have not spent time with recently (think graduation parties, family reunions, shopping malls, zoos, parks, etc.).
- Following good hygiene practices while out in the community and at home (washing hands, wearing a mask, etc.).
- Paying attention to symptoms of both the child and the family/friends they are spending time with and avoiding those who display any kind of respiratory symptoms.
- Avoiding any unnecessary travel, especially travel that requires the use of mass transit.

To help you keep track of your child's health, we have created a 14-day pre-camp home screening form. This form asks you to document your child's temperature and any COVID-19 related symptoms on a daily basis for the 14 days leading up to your child's camp session start date. Please utilize this form and bring it with you to camp check-in.

It is our policy that all children be fever free and symptom free, without any fever reducing medications or other symptom-altering medications (e.g. cough suppressants), for 72 hours before they will be allowed at camp. If at anytime during those 14 days leading up to your child's camp session, they have a fever greater than 100.4° or are exhibiting any COVID19 symptoms, please keep track of all medication given to ensure that they can meet our fever/symptom free requirement.

Our goal at camp, like it's always been, is to give our campers the best camp experience possible. These guidelines are the building blocks to help your child begin a healthy camp experience before they even arrive at camp. Please do your part to help keep our camp community healthy.



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Health & Safety in our Day to Day Operations

While it is true that a healthy camp starts at home, once our campers arrive, we want to continue to ensure the health of our camp community by implementing a wide range of policies and procedures that focus on keeping our campers and staff healthy.

Daily Health Screenings

To ensure the on-going health of our campers and staff, all campers and staff will be required to complete a daily health screening each morning before breakfast.

This health screening will include a temperature check and a question about any COVID-19 related symptoms that a person may be experiencing.

This information will be entered into each person's CampDoc account each day. The CampDoc system allows us to track any trends that may be occurring within our camp community and help us catch an upward trend of communicable disease symptoms before it becomes widespread.

If at any time a camper has a fever of 100.4° or greater, a sore throat, cough, runny nose, loss of taste/smell, nausea/vomiting/diarrhea, or shortness of breath they will be immediately moved to a separate location in our Med Lodge and parents/guardians will be called to pick up the camper as soon as possible.

Cabin Basics

Each camper will be assigned a cabin group for the week. Each cabin group will have 1-2 counselors depending on the number of campers in the group. This cabin group will stay together all week for purposes of program activities and meal times.

While each cabin has the capacity to sleep 12 campers, we will do our best this summer to limit the number of campers assigned to each cabin as much as possible. We know that the smaller the group size, the better.

While in the cabin, campers will be assigned bunks and will be asked to sleep head to feet from the person in the bunk opposite of them. Ideally all campers would be 6 feet apart from each other and while our bunks aren't quite 6 feet apart, this sleeping configuration will help to combat the spread of droplets through the air. Each camper is the only camper allowed on their bed, and only campers staying in that cabin are allowed into that cabin.

When packing for camp, please only pack the necessary items. All items brought to camp have the potential to spread germs and we want to eliminate as many germs as possible. Please also talk to your child about staying organized while in the cabin. Keeping clothing items and other personal items within their own bunk area will prevent the spread of germs from one person to another.



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Dining Hall & Meal Time

One of the largest gathering spaces in camp is our dining hall. This means this is also the place where germs can be shared very easily. To combat this, we will be assigning each cabin group to be part of a larger “dining group”. There will be 2-3 dining groups each week depending on the total number of campers in camp. These dining groups will eat all meals together, with tables separated at least 6 feet apart for each cabin group.

The dining groups will eat in shifts so that we have as few people as possible in the dining hall at one time. Each cabin group will also have the option to take their food outside and eat picnic style at each mealtime, further allowing for physical distancing between cabin groups.

All of our meals at Camp Nan A Bo Sho are served cafeteria line style. We have installed a plexiglass barrier between the kitchen and the dining area to prevent the spread of germs between campers and the kitchen staff. Each cabin group will walk through the food line together and will be seated at their table before the next cabin group will be allowed to enter the dining hall.

To limit the spread of germs through shared utensils and serving items, we have eliminated all self-serve stations. These stations include the salad bar and morning cereal bar. These food options will still be available, they will just be served to the campers instead of it being self-serve. All beverages will also be served to campers instead of allowing a communal pitcher on each table.

“All Camp” Activities

A large part of the camp experience is the activities the campers get to participate in. To help keep our campers healthy and safe, all activities will be held within their own cabin group. “All camp” activities in which the entire camp community participates in the same activity at the same time will not take place this summer. Each dining group will still have the option to play an evening game or go swimming, but they will do it within their own small dining group; following all appropriate mask and social distancing best practices.

Campfires will also be held within dining groups and with the rule that all campers and staff wear a mask during that time. Cabin groups will be spread out around the campfire ring with as much physical distance between cabin groups as possible.

Each cabin will have 1-2 counselors working with their cabin group for the week. Those counselors will remain the same for the entire week. Each program area (archery, arts & crafts, nature, swimming, etc.) is led by a program staff member with specialized training. While at any of those activities, the program staff member will be wearing a mask, even if the activity is outside, as they will be working with all cabin groups throughout the week.

While we can implement lots of health and safety procedures and policies at camp to minimize the spread of illness, we know that locations outside of our camp property may not be as stringent as we are. Because of this, all field trip locations have been evaluated for our campers health & safety and adjusted if needed.



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Our wilderness trips are not affected by the “outside” community as much as our field trips are. Because of the location and remoteness of our wilderness trips, we can better ensure that our campers and staff will not be in contact with the general public and will still be able to maintain the “bubble” of our camp while off-site. Wilderness trips will run as planned.

Cleaning/Sanitizing

To stop the spread of germs around camp we will be taking extra steps in our daily and weekly cleaning of camp.

Extra hand washing and sanitizing stations have been placed around camp. While handwashing with running water and soap is the best option, the location of running water limits the availability of that option. Counselors will be implementing a policy that after every 5 times a camper uses hand sanitizer they will then be asked to use hand soap and running water on the next wash.

Each program area includes a hand sanitization station that each camper will be asked to use before and after participating in that activity.

Each cabin also has a hand sanitation station outside the cabin door, campers will be asked to use the sanitizer each time they enter the cabin.

All program equipment will be cleaned/sanitized between each cabin groups use and again at the end of every day. This includes all equipment that has a non-porous surface as well as a sanitizing spray that will be used on porous surfaces.

All cabins and general use buildings (dining hall, welcome center, health center, bathhouse, etc.) will be thoroughly cleaned between camp sessions. Each of these buildings will also be cleaned/sanitized throughout the day by our camp staff at a minimum of every 4-6 hours depending on use.

To prevent the spread of germs on surfaces, all water fountains will be for filling of water bottles only. No drinking directly from a water fountain. Please make sure to send a reusable water bottle with your camper’s name on it.



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Camper Check-In: Bus Riders

If your child will be riding the bus to camp from the Apple Creek YMCA there will be a few guidelines we ask you to follow. Please be patient during this process, we can only greet so many vehicles at a time.

Upon arrival, you will be directed to drive to the front of the Apple Creek YMCA. There will be a staff member (they will be wearing a mask) ready to greet you and check your child in. The 14 day pre-camp questionnaire will be turned in at this time. Once checked in your child(ren) will exit the vehicle and you can find a parking spot; please remain with your vehicle.

You child will be brought into the Apple Creek YMCA to get their temperature taken and be asked a few questions about their general health. Once it has been verified they do not have a fever or any COVID19 related symptoms they will be encouraged to use the restroom.

They will then be brought back to your vehicle by a staff member or volunteer. At this time you can take your luggage out of your vehicle. A staff member will come pick it up and bring it to the luggage trailer.

About 10 minutes prior to the bus departing staff/volunteers will come to your vehicle and walk your child to the bus. Please make sure you have said your goodbyes by this time. Before boarding the bus, each camper will be asked to use hand sanitizer and put on their face mask, masks must be worn for the duration of the bus trip.

Camper Check-In: Drop Off at Camp

If you are planning to drop your child off at Camp Nan A Bo Sho there will be a few guidelines we ask you to follow. Please be patient during this process, we can only greet so many vehicles at a time.

Upon arrival, please stay in your vehicle. A staff member will come to you (they will be wearing a mask) and they will ask you who you are dropping off. Once they have checked which cabin they will be in, the camper(s) may get out of the vehicle and walk to our health screening station. Parents/guardians, please stay in your vehicle at this time.

At the health screening station, each camper will get their temperature taken, turn in their 14-day Pre-Camp Health Screening form and be asked a few questions about their general health. Once it has been verified they do not have a fever or any COVID19 related symptoms they will return to the vehicle.

You can then unload the luggage from the vehicle and say your goodbyes. Please do this as close to your own vehicle and as far as away from other campers/parents as possible. Parents/guardians will not be allowed to enter any of the cabins or take a tour of camp at this time. Please limit the drop off to one adult per vehicle if possible. The less people we have spreading germs the better!

A staff member will then help your camper to their cabin. Once the camper has arrived at their cabin, their cabin counselor will greet them; campers will be asked to use hand sanitizer and then they can take their luggage into their cabin and set up their bed.



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Camper Check-Out: Bus Riders

If you are planning to pick up your child from the bus stop at the Apple Creek YMCA there will be a few guidelines we ask you to follow. Please be patient during this process, we can only greet so many vehicles at a time.

Upon arrival, please stay in your vehicle. A staff member will come to you (they will be wearing a mask) and they will ask you who you are picking up. Once your ID is verified, your camper (and their luggage) will be walked from the bus to your vehicle by a staff member. Parents/guardians, please stay in your vehicle at this time.

Once your camper has arrived at your vehicle, you are welcome to get out and greet your camper.

Camper Check-Out: Pick Up at Camp

If you are planning to pick up your child at Camp Nan A Bo Sho there will be a few guidelines we ask you to follow. Please be patient during this process, we can only greet so many vehicles at a time.

Upon arrival, please stay in your vehicle. A staff member will come to you (they will be wearing a mask) and they will ask you who you are picking up. Once your ID is verified, your camper (and their luggage) will be walked from their cabin to your vehicle by their counselor. Parents/guardians, please stay in your vehicle at this time.

Once your camper has arrived at your vehicle, you are welcome to get out and greet your camper. Please load their luggage and depart camp as quickly as possible so that we can get the next vehicle started in the process.

At this time we will not be allowing parents/guardians to tour camp or visit their child's cabin.



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Bus/Van Travel Procedures

All campers will use hand sanitizer before boarding the bus/van.

All campers and staff will be required to wear masks in the vehicle.

On the bus, campers will sit no more than 2 to a seat and spread out as much as possible depending on total number of riders. Siblings will be encouraged to sit together.

For field trips and wilderness trips, the camp vans will be cleaned between each group use. Each cabin group will travel separately, if two cabin groups need to travel to the same destination, they will take separate vehicles.



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Mask Wearing Expectations

After more than a year of COVID-19 being a part of our lives, we know that wearing a mask is one of the easiest and best ways to prevent the spread of this illness. At Camp Nan A Bo Sho we have set some guidelines to better define when and where masks will be worn and when it is appropriate for campers and staff to take off their masks.

Masks must be worn:

- Indoors at anytime
- When travelling in camp buses or vans
- Outdoors when participating in an activity with another cabin group (campfire, evening program, etc.)

Masks can be removed:

- While participating in an outdoor activity with only your cabin group
- In your own cabin
- While swimming or boating
- While sleeping and eating



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Arts & Crafts

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of two cabin groups inside the A&C building at one time, separated on each end of the space.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- All campers and staff will wear a mask for the duration of the activity.
- Picnic tables outside the A&C building can be utilized to better promote social distancing and allow for masks to be taken off.
- If a group is using the picnic tables for an activity that is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Minimize who/how many times the supplies are touched. Best practice is to give each camper their own set of supplies for that activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.
- Door handles, light switches and bathrooms should be cleaned and sanitized daily.



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Campfire

Upon Arrival to Activity:

- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Campers will spread out as much as possible, staying within their own cabin groups. Each cabin group will have their own seating area.
- All campers and staff will wear a mask for the duration of the activity.
- Songs that require campers and staff touching/moving close to one another will not be permitted.
- Campers will sanitize their hands at the end of the activity.



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Cookouts/Overnights

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group at each campfire ring or overnight campsite.
- Minimize who/how many times the supplies are touched. Best practice is to give each camper their own set of supplies for that activity.
- Anyone helping with food preparation should wear a mask and gloves at all times.
- When assigning tents, limit how many campers are in each tent, giving as much space as possible. Campers should sleep head to foot in tents.

Facility & Equipment Daily/Weekly Sanitization Procedures

- Equipment is sanitized after each group and at the end of every week.



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Fishing

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group in Ranger at a time. Multiple cabin groups may fish at the same time as long as campers are spread at least 6 feet apart on dock and land.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- If a camper catches a fish and people want to see, the catcher will walk around with the fish to show everyone at their spot – ask campers not to run together in a group.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- Equipment is sanitized after each group and at the end of every week.



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High/Low Ropes Course & Climbing Wall

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group on course/wall at a time.
- Campers will wear masks while participating on the low ropes course, social distancing is not possible for most of those activities.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.



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Nature/Environmental Education

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group inside the EE room at one time.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- All campers and staff will wear a mask for the duration of the activity.
- The porch outside the EE room can be utilized to better promote social distancing and allow for masks to be taken off.
- If a group is using the porch for an activity that is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Minimize who/how many times the supplies are touched. Best practice is to give each camper their own set of supplies for that activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.
- Door handles and light switches should be cleaned and sanitized daily.



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Paddle Sports

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group at each type of paddle sport at a time.
- Finish instructions and teaching for one group, get them on the water, before another cabin group starts their activity. Stagger start and end times to minimize cabin groups getting in close contact with other cabin groups.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All boats are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.



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Playfield Games

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group in gaga pit or two cabin groups on the playfield at a time.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- If two cabin groups want to play a team game against each other, all participants must wear a mask for the duration of the activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.



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Shooting Sports (Slingshot, Archery & Riflery)

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group on range at a time.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.



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Waterfront

Upon Arrival to Activity:

- Program area director or counselor will sanitize all equipment.
- Campers will sanitize their hands

Social Distancing Precautions/Procedures During the Activity:

- Limit of one cabin group in each swimming section at a time. Two groups may be in the deep section if one group is swimming and the other group is using the water trampoline. Limit of one cabin group in the sand pit at a time.
- Campers will spread out as much as possible while still able to see and hear the program instructor.
- If activity is being led by the program area instructor, the instructor will wear a mask for the duration of the activity.
- Lifeguards will not wear a mask while they are actively guarding.
- Campers will sanitize their hands at the end of the activity.

Facility & Equipment Daily/Weekly Sanitization Procedures

- All benches/tables are wiped down at the end of every day.
- Equipment is sanitized after each group and at the end of every week.



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Frequently Asked Questions

1. What will group sizes be and how will that help stop the spread?

Our camper groups will be 10 or less and campers will travel together to and from activities with the same group of campers the entire week. Some activities may have more than one group participating at the same time, but mask wearing and social distancing will be practiced.

2. Will the campers have fun at camp?

We are committed to creating magical experiences that make great memories for kids. Camp is still “camp”, just a little bit cleaner!

3. What will happen if a camper presents flu-like symptoms?

The camper will go to the Med Lodge to visit the Health & Safety Director. The Health & Safety Director, wearing upgraded protective equipment, will ask the camper questions and take their temperature. If the camper has a temperature over 100.4 or presents any of the symptoms listed as potentially having a flu-like illness, the parents/guardians will be contacted immediately and the camper will need to be picked up as soon as possible.

4. How will staff be screened to make sure that they are symptom free?

Staff will complete a 14-day pre camp health screening and daily temperature checks, just like what is required of the campers, before they arrive at camp. They will have a symptom and temperature check upon arrival and will continue that practice daily.

5. Does my child have to wear a mask?

Yes. All guests, campers and staff are REQUIRED to wear masks while at YMCA Camp Nan A Bo Sho. This includes participating in all indoor activities, any outdoor activities where social distancing is not possible and while riding in buses and camp vehicles. This excludes: swimming, eating/drinking and sleeping.

6. What can I do as a parent to prepare my child for camp this summer?

We all want camp to be a positive experience! We want the campers to make friends, go on adventures, learn more about themselves, others and their world while having a blast outside. You can help by discussing: how to wear a mask properly, good hygiene like proper hand washing, what 6 feet of separation is (avoid hitting, tackling or hanging on others) and most importantly NOT touching their face. We are promoting healthy habits and we appreciate your help.

7. What are camp’s cleaning procedures?

All activity areas are sanitized after each use. Campers and staff will sanitize hands upon entering and exiting each activity area. All buildings are sanitized with an electrostatic sprayer at the end of each week. For specific procedures about each activity, please see the activity section of this document.

8. Do the cleaning and sanitizing supplies being used this summer kill the COVID-19 virus?

All chemicals being used for cleaning and sanitizing this summer are on the EPA’s list of products for use against emerging viral pathogens. The cleaning process for surfaces will be a two-step process, first cleaning and then sanitizing. All staff will be trained in the proper use of all cleaning and sanitizing chemicals to ensure they are effective against the COVID-19 virus.



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9. What do I do if my child is sent home with symptoms?

If a child is sent home with symptoms, they may return after being symptom free for 72 hours or with a negative COVID-19 test.

10. What will camp do if a camper tests positive for COVID-19?

If a camper tests positive for COVID-19, we will contact the parents of every child the sick camper had contact with. Please note that this can only happen if camp is notified of the positive COVID-19 test, we will not notify you if a camper is simply sent home with symptoms.

11. What do I do if my child tests positive for COVID-19?

If your child tests positive for COVID-19, please notify the Camp Director immediately so those in contact with your child can be tested as well. Our camper's privacy is important, no names or other identifying information will be shared.

12. What is the refund policy?

A full refund, minus the \$100 deposit, will be granted if a cancellation is requested at least two weeks prior to the first day of the camp session. No refund will be granted for any cancellations within two weeks of the first day of the camp session except in the case of illness. All camp fees paid may be transferred to another 2021 Camp Nan A Bo Sho session at anytime.