



YMCA Camp Nan A Bo Sho – Summer Daze Day Camp Confirmation Packet

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General Parent Information

Camp Nan A Bo Sho Summer Daze 2021

Thank you for registering for Camp Nan A Bo Sho! It will be a summer full of great fun, memories, and friends. Please read the following information carefully; it contains all of the important details you'll need to know before your child comes to camp. We look forward to working with your child at camp.

Contact Information

Questions about camp: Apple Creek YMCA at 920.733.9622
During summer months: 715.276.6084

Email: campnanabosho@ymcafoxcities.org or visit us at www.campnanabosho.org
Camp Director: Danielle Polzin Camp Specialist/Member Service Director: Allison McGinnis

Required Materials

- Online Health History Form using Camp Doc
 - The online Health History Form needs to be completed within six months prior to your child's camp session. Campers will not be able to attend camp without this form completed in its entirety. The link to this form will be emailed to you within two weeks of your registration. If you do not receive an email from CampDoc, please let us know.
 - If your child has special health needs the camp staff should be aware, please contact the camp director at least two weeks prior to their camp session.

- Balance Due
 - All final payments are due one month prior to the start of your camp program. Statement of Account confirming camp fees, discounts, and any previous payment will be mailed to you about 6 weeks prior to your camp attendance. Final payments for registrations done on-line will automatically be withdrawn one month prior to camp attendance. For all other registrations please pay on-line at www.ymcafoxcities.org or send the balance to Camp Nan A Bo Sho at 2851 E. Apple Creek Rd., Appleton, WI 54913. The \$100 deposit is non-refundable.

Illness, Communicable Disease, Lice

Do not send your child to camp if they have been exposed to a communicable disease or if they are ill. We encourage all parents to check their children for lice before they come to camp. Camp Nan A Bo Sho has a no nit policy, which means that we will not allow anybody with lice or nits to remain at camp. We will expect the parent/guardian to pick up the camper as soon as possible.

This link is to the Health and Safety page of the Camp Nan A Bo Sho website <https://www.ymcafoxcities.org/health-safety>. As the COVID-19 epidemic is a continually changing situation this page will be updated as needed.

Since camp does not have a camper insurance policy, you must accept responsibility for medical/surgical treatment charges which may be incurred on your child's behalf. It is extremely important for you to complete the insurance information and the emergency contact portions of the Health History Form.

Medication

- All medication sent to camp must be in its original container with the campers name, doctor's name(if prescription) and dosage directions. Please only send the dosage they will need for that day. Medications will be locked up and distributed by our trained staff.
- To ensure records are accurate, please update your campers CampDoc medications no more than two weeks before the start of the camp session. Ensure that all medications, prescription and non-prescription are listed and that any medications not being brought to camp are not listed in their profile.
- Inhalers, epinephrine injectors, and other necessary items will be kept with campers at all times as determined by the health supervisor and as noted on the Health History Form.
- Common over-the-counter medications are kept in the health center; it is not necessary to send these medications to camp with your child.
- If your child has specific health needs (injections, specialized equipment, dietary concerns), please contact the camp director prior to your child's camp session so our staff can prepare to meet their needs.

Attendance

If you know your camper will not be attending camp on a particular day, please inform the camp staff as soon as possible. If your camper arrives to camp late, please check in at the Welcome Center with a staff person upon arrival. If you are picking up your camper early, a staff person will meet you at the Welcome Center.

Emergency Contacts

Make sure that you or your child's emergency contacts will be available while your child is at camp.

Reasons camp staff would contact you include but are not limited to the following:

- Homesickness that is getting worse or not better
- Conduct by your child that is inappropriate at YMCA camp
- Illness or injury to your child that requires their stay in the health center for an extended period of time, requires medical attention outside of the camp health services, or requires your child to leave camp

Behavior

To make every camper's camp experience enjoyable, reasonable limits are set to maintain the health and safety of all children in the program. Redirection, warnings, brief timeouts, or removing privileges are used when children display inappropriate behavior or refuse to follow an established rule. Physical punishment, humiliation, and punishment designated by children upon other children is prohibited. Camp policy states that campers and adults may not use weapons, alcoholic beverages, un-prescribed drugs, or tobacco products including e-cigarettes and vaporizers, etc. at camp functions or on YMCA property. If, for any reason, a camper's behavior is not within our expectation of a camper at Camp Nan A Bo Sho, we will expect the parent/guardian to pick up the camper as soon as possible. This is at the expense of the parent/guardian; we will not grant a refund of session fees.

Telephone and Cell Phone Policy

Camp Nan A Bo Sho has only one phone line, and it is used for business purposes only. Campers are not allowed to make or receive phone calls while at camp. Please do not send a cell phone to camp, as we want to focus on creating a healthy team environment. Cell phones distract from this process and can create homesickness problems for the entire group. Any cell phones sent to camp will be held in the camp office until the end of the day. If you need to contact camp, please call 715.276.6084.

Homesickness

Many campers, no matter the age, experience homesickness to some degree. Here are some suggestions of things that can be done to help your camper deal with their feelings and enjoy their time at camp:

- Our camp staff wants your child to have a positive experience at camp. Make good use of the health form and the confidential questions asked during registration; tell us all you can about your child, including past homesickness and what has helped, etc. Call camp if you have concerns or want to relay information about your camper to us.
- Make sure they know that homesickness is a normal feeling in a new environment.
- Remember, campers cannot use the phone at camp. Please do not tell your child that this is an option.
- Avoid statements like, "I'm going to miss you terribly." Camp will be a terrific experience, so please be careful not to make your child feel bad about going away.

Facebook

Camp Nan A Bo Sho has a Facebook page (YMCA Camp Nan A Bo Sho) that is updated periodically throughout the summer. Follow the page so you can see pictures of all the fun had at camp. We try to put new pictures up each week, and try to capture as many of the campers as we can, but there is no guarantee that every camper will be featured. If you want to ensure your camper has pictures of their time at camp, consider sending along a disposable camera.

Trading Post (Camp Store)

While at camp, campers will have the opportunity to visit the Trading Post. Items for sale include flashlights, hats, small toys, pens, souvenirs, clothing and accessories, snacks, and more. If you do not send camp store money with your final camp payment, you may send camp store money to camp with your child. Prices are approximately \$1-10 for souvenir-type items, and \$10-45 for clothing. Typically, campers bring \$10-50 with them. Any remaining balance of \$5 or more is refunded in cash as part of the camp check out process on Friday. Remaining balances of less than \$5 will be donated to the YMCA World Service Fund allowing international staff to come to camp.

World Service

To promote international understanding, our camp hosts counselors from around the world as part of the YMCA World Service program. The international YMCA operates in over 85 countries. Our international staff teach campers about the customs and everyday life in their home country.

Daily Schedule at Camp

Campers begin their day at 9:00AM. Campers will spend their days doing activities with their patrol. Campers will be active most of the day and will have the opportunity each day to swim. Other activities include archery, boating, low ropes course, arts 'n crafts, nature activities, cookouts, campouts, fishing, and more. Each day ends at 4:30PM.

Check-in and Check-out Process

Each morning all campers will be greeted on the Welcome Center porch by a camp staff member. Once all campers have arrived for the day they will begin their schedule of activities.

At the end of each day, parent/guardians or designee will meet their camper at the Welcome Center porch for pickup. All campers must be signed out by a parent/guardian or designee with a photo ID.

Lost or Damaged Items

Neither Camp Nan A Bo Sho nor YMCA of the Fox Cities can be responsible for the loss or damage to a camper's personal belongings. The camp director must check all specialty equipment before use in any programs. Campers should not bring personal sports equipment to camp without prior approval of the camp director. Campers are not allowed to bring curling irons, straighteners, hair dryers, radios, portable DVD players, iPods, iPads, tablets, cell phones, video games, animals or pets, weapons, or vehicles. Electricity is not available in most camper cabins or tents. Please label all items brought to camp with your child's first and last name. All lost and found items will be taken to the Apple Creek YMCA, and any items left after August 31 will be donated to charity.

Refunds

A full refund, including deposit, will be provided only if a participant cannot be placed in a session of their choice. A full refund, minus the \$100 deposit, will be granted if a cancellation is requested at least two weeks prior to the first day of the camp session. No refunds will be granted for any cancellations within two weeks of the first day of the camp session. All camp fees paid may be transferred to another 2021 Camp Nan A Bo Sho session at anytime. All refund requests must be submitted in writing by August 31. Refunds will not be provided if a participant is sent home due to homesickness, misconduct, or by parent request. If a participant is sent home, transportation is to be arranged and paid for by a parent or guardian.

Food

Meals are served in the Dining Hall and all Summer Daze participants will join the resident campers for lunch. Campers staying for before or after care will join in for breakfasts/dinners as well. Two staff members sit at each table and campers can choose to sit at whichever table they would like. All campers are encouraged to try everything offered, trying new foods promotes healthy eating habits and kids might find something new they like. Breakfast includes a cereal option and a salad bar is available at most lunches and dinners. Juice, milk, water and bug juice are provided to drink each day. Menu items could include: pancakes, eggs, French toast, oatmeal, tacos, pizza, hamburgers, tater tot casserole, grilled cheese and tomato soup, deli sandwiches, spaghetti, meatloaf, lasagna, macaroni and cheese, sloppy joes, and baked chicken. Menus vary by week and may change based on food orders and group size. Gluten free, vegetarian, dairy free, etc. food can be provided, please contact the camp director two weeks prior to arrival so the proper food can be ordered.

Evaluation

Camp Nan A Bo Sho hires the best summer staff available and they are our strongest asset. At the session end, our counselors and other staff are glad to share observations with you. You will be emailed a camp evaluation after the camp session. We appreciate your prompt, frank and constructive comments on these forms. We do not expect, encourage or accept tipping for our staff members. In lieu of this, should you wish to contribute to the "Friends of Camp Nan A Bo Sho Fund", please see the camp director.

Before/After Care

For participants registered for Before or After Care, the check-in and check-out procedures will be the same at the Welcome Center. Before care will begin at 7:30am each day and will include breakfast served at 8:00am. After care will end at 6:00pm each day and includes dinner served at 5:30pm.

Daily Camp Packing List

Please label all items with your camper's first and last name.

What to Wear

- Clothes that are appropriate for the day's weather and outdoor activities (clothing may get dirty or stained)
- Socks
- Closed Toed Shoes (no sandals, flip flops, or jellies)
- Sweatshirt or jacket

What to Bring

- First day: money for the Trading Post (camp store)
- Prescribed medications (in original container and given to the counselor when your camper first arrives at camp)
- Water bottle
- Swimsuit and towel
- Rain gear
- Non-aerosol insect repellent
- Sunscreen and lip balm
- Backpack or bag to carry above items and for bringing notes and crafts back home

Please note: Your camper will bring information home on the first day notifying you of any additional items they may need if their group decides on a special program activity (ex, white shirt for tie-dye).

Parent Checklist

- Final payment, due one month prior to departure for camp.
- Ensure Health History Form is completed online using Camp Doc at least two weeks prior to the first day of camp session.
- Update Medication in Camp Doc one week before first day of camp session.
- All necessary items on packing list, labeled with child's name.
- Label all medications and pack in original containers (your camper must turn these into the counselor upon arrival at camp).
- Trading Post money sent with final payment, paid on-line or packed in backpack.

Directions to Camp

Camp Nan A Bo Sho
18396 Okonto Ln.
Lakewood, WI 54138
715.276.6084

From South:

- Follow Highway 32 north to Lakewood
- In Lakewood, turn right on County Hwy F
- Follow F, about 6 miles, to Waubee Lake Drive (Waubee Lodge is at this corner) and turn right
- Follow Waubee Lake Drive until you see the Camp Nan A Bo Sho sign (less than a mile) turn left onto Okonto Lane. You have now entered YMCA Camp Nan A Bo Sho

From North:

- Follow Highway 32 south to Lakewood
- In Lakewood, turn left on County Hwy F
- Follow F, about 6 miles, to Waubee Lake Drive (Waubee Lodge is at this corner) and turn right
- Follow Waubee Lake Drive until you see the Camp Nan A Bo Sho sign (less than a mile) turn left onto Okonto Lane. You have now entered YMCA Camp Nan A Bo Sho